



CCRS

POTTSTOWN'S

"TUESDAY IN THE PARK"

5K SERIES



Race #1	Tuesday, May 26, 2009	7 PM
Race #2	Tuesday, June 30, 2009	7 PM
Race #3	Tuesday, July 28, 2009	7 PM
Race #4	Tuesday, August 25, 2009	7 PM

- Location:** Pottstown's Riverfront Park, Schuylkill River Trail.
- Divisions:** 12 & under, 13-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60 & over, in both male and female. Age determined day of race.
- Entry:** \$40.00 for series pre-registration if postmarked by May 12, 2009 (includes free t-shirt). For individual races, \$10.00 pre-registration, or \$15. day of race. Free t-shirts to pre-registration, series entrants only. All other entrants may purchase t-shirts for an additional \$6.
- Course:** A fast, very flat, out and back on the paved Schuylkill River Trail. Great place to PR! or use for fast training races.
- Awards:** Gift certificates to Pottstown Chester County Running Store for overall male and female, plus first and second place in all age groups.
- Sponsors:** Chester County Running Store, Brooks, Pearl Izumi, Balega Socks, Pottstown Parks & Rec., Schuylkill River Heritage Area.
- Amenities:** Free T-Shirts to all series pre-entries only, \$6.00 T-Shirts available for individual races while supplies last, free parking, food and drink post race.
- Directions:** 140 College Drive, Pottstown, PA, 19464. Schuylkill River Heritage Area parking lot at Riverfront Park.
- Results:** Results will be posted on CCRS website: www.runccrs.com

All kids 12 and under register for free!
YOU MAY ALSO REGISTER ONLINE AT: WWW.RUNREG.COM

Name _____ Sex _____ Age _____
 Address _____
 City _____
 Phone Number _____ Email _____
 Race: #1 #2 #3 #4 Make Checks Payable to CCRS

Bring in to Pottstown store or
 Mail Entries To: CCRS
 38 Glocker Way
 Pottstown, PA 19465

T-Shirt Size: (T-Shirt free if pre-registering for series. For individual races circle size & add \$6 to race registration) **S M L XL**

Waiver: In signing this entry I, for myself, my heirs, executors, and administrators release CCRS, and all of its representatives, sponsors, and Pottstown Parks and Recreation Department, borough of Pottstown, from any and all injuries, damages and/or claims of any description which might arise out of this event. I have read and understand the aforementioned release and sign it voluntarily. I attest that I am fit, able, and capable of running this race.

Signature _____ Date _____
 Signature of parent if under 18 years of age